



## GC Exam Study Guide Plan

### Modern Dental Assisting version

#### About the study guide plan

This study guide plan uses trusted resources to help you prepare for DANB's General Chairside Assisting (GC) exam. It breaks down the study plan into easy-to-follow, weekly assignments.

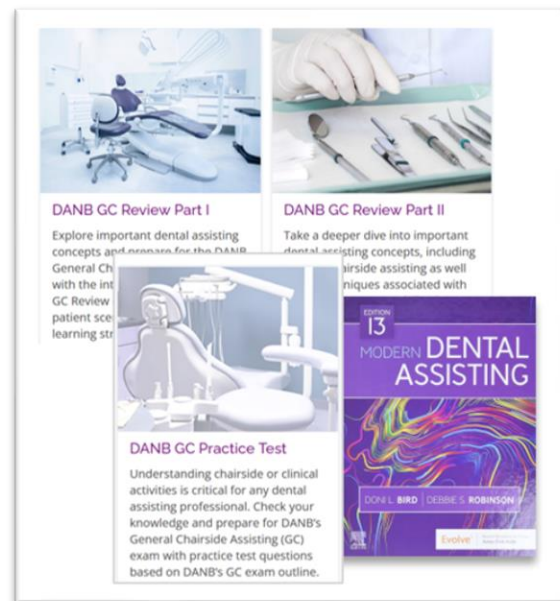
#### Materials

This study guide plan is based on the [GC exam](#) outline and uses these materials:

- [GC Review Part I / Chairside 101](#)
- [GC Review Part II / Chairside 102](#)
- [GC Practice Test](#)
- [Modern Dental Assisting, 13<sup>th</sup> edition](#)

#### Time required

- 12 weeks, 5-7 hours per week



## Study guide plan

### Modern Dental Assisting version

#### Plan at-a-glance

Week	Topic	Read	Review	Practice
		<b>Modern Dental Assisting</b>	<b>Review course</b>	<b>GC Practice Test</b>
<b>1</b>	Evaluation (17%)	Chapters 6, 7, 9, 10, 11		
<b>2</b>	Evaluation (17%)	Chapters 12, 13, 27, 28		Patient preparation and documentation
<b>3</b>	Patient Management (17%)	Chapters 5, 15, 16, 26, 29		
<b>4</b>	Patient Management (17%)	Chapters 31, 32, 33, 34, 35		Patient management and administrative duties
<b>5</b>	Dental Materials (16%)	Chapters 43, 44, 45, 46		Diagnostic/lab procedures and dental materials
<b>6</b>	Chairside Dentistry (50%)	Chapters 36, 37, 48, 49		
<b>7</b>	Chairside Dentistry (50%)	Chapters 53, 56, 58, 59		Four-handed chairside dentistry
<b>8</b>	Chairside Dentistry (50%)		GC Review Part I / Chairside 101	
<b>9</b>	Chairside Dentistry (50%)		GC Review Part I / Chairside 101	
<b>10</b>	Chairside Dentistry (50%)		GC Review Part 2 / Chairside 102	
<b>11</b>	Chairside Dentistry (50%)		GC Review Part 2 / Chairside 102	
<b>12</b>	Final review	Review notes		Exam simulation mode

**Week 1: Evaluation (17% of GC exam)****Read – Modern Dental Assisting**

- **Chapter 6:** General Anatomy
- **Chapter 7:** General Physiology
- **Chapter 9:** Head and Neck Anatomy
- **Chapter 10:** Landmarks of the Face and Oral Cavity
- **Chapter 11:** Overview of the Dentitions

**Week 2: Evaluation (17% of GC exam)****Read – Modern Dental Assisting**

- **Chapter 12:** Tooth Morphology
- **Chapter 14:** Dental Caries
- **Chapter 27:** Vital Signs
- **Chapter 28:** Oral Diagnosis and Treatment Planning

**Practice – GC Practice Test**

- Go into the “Test by Topic” menu item and select “**Patient Preparation and Documentation.**”

**DANB GC Practice Test**

**Exam Simulation**  
Test yourself with 100 questions in 75 minutes on infection control topics.

**Test by Topic**  
Build your own practice test by topic.

**My Question Bank**  
Build your own practice test with items marked for review.

**Select Topics** ☐ Toggle All

- ☐ **Diagnostic/Laboratory Procedures and Dental Materials (21 questions)**
- ☐ **Patient Management and Administrative Duties (40 questions)**
- ☐ **Four-Handed Chairside Dentistry (110 questions)**
- ☐ **Patient Preparation and Documentation (45 questions)**

- Scroll down to “Settings,” and set the time limit for 15 minutes, no feedback, and 20 questions. This will mirror the amount of time per question as on the actual exam.
- You will see your score at the end. If you did not receive the score you wanted, go back and review the chapters.

**Settings**

**Time Limit** ☒ Enabled

Hours: 0 Minutes: 15

**Feedback Settings**

- ☐ Detailed Feedback
- ☐ Correct / Incorrect Feedback
- ☒ No Feedback

**Question Amount**

Display 20 Questions

**Week 3: Patient Management and Administration (17% of GC exam)****Read – Modern Dental Assisting**

- **Chapter 5:** Dentistry and the Law
- **Chapter 15:** Preventive Dentistry
- **Chapter 16:** Nutrition
- **Chapter 26:** The Patient's Dental Record
- **Chapter 29:** Special Needs and Medically Compromised Patient

**Week 4: Patient Management and Administration (17% of GC exam)****Read – Modern Dental Assisting**

- **Chapter 31:** Medical Emergencies
- **Chapter 32:** The Dental Office
- **Chapter 33:** Delivering Dental Care
- **Chapter 34:** Dental Hand Instruments
- **Chapter 35:** Dental Handpieces and Accessories

**Practice – GC Practice Test**

- Go into the “Test by Topic” menu item and select “**Patient Management and Administrative Duties.**”

**DANB GC Practice Test**

**Exam Simulation**  
Test yourself with 100 questions in 75 minutes on infection control topics.

**Test by Topic**  
Build your own practice test by topic.

**My Question Bank**  
Build your own practice test with items marked for review.

**Select Topics** ☐ Toggle All

- ☐ **Diagnostic/Laboratory Procedures and Dental Materials (21 questions)**
- ☐ **Patient Management and Administrative Duties (40 questions)**
- ☐ **Four-Handed Chairside Dentistry (110 questions)**
- ☐ **Patient Preparation and Documentation (45 questions)**

- Scroll down to “Settings,” and set the time limit for 15 minutes, no feedback, and 20 questions. This will mirror the amount of time per question as on the actual exam.
- You will see your score at the end. If you did not receive the score you wanted, go back and review the chapters.

**Settings**

**Time Limit** ☒ Enabled

Hours: 0 Minutes: 15

**Feedback Settings**

- ☐ Detailed Feedback
- ☐ Correct / Incorrect Feedback
- ☒ No Feedback

**Question Amount**

Display 20 Questions

**Week 5: Dental Materials (16% of GC exam)****Read – Modern Dental Assisting**

- **Chapter 43:** Restorative and Esthetic Materials
- **Chapter 44:** Liners, Bases and Bonding Systems
- **Chapter 45:** Dental Cements
- **Chapter 46:** Impression Materials and Techniques

**Practice – GC Practice Test**

- Go into the “Test by Topic” menu item and select “**Diagnostic/Laboratory Procedures and Dental Materials.**”

**DANB GC Practice Test**

**Exam Simulation**  
Test yourself with 100 questions in 75 minutes on infection control topics.

**Test by Topic**  
Build your own practice test by topic.

**My Question Bank**  
Build your own practice test with items marked for review.

**Select Topics** ☐ Toggle All

- ☐ **Diagnostic/Laboratory Procedures and Dental Materials (21 questions)**
- ☐ **Patient Management and Administrative Duties (40 questions)**
- ☐ **Four-Handed Chairside Dentistry (110 questions)**
- ☐ **Patient Preparation and Documentation (45 questions)**

- Scroll down to “Settings,” and set the time limit for 15 minutes, no feedback, and 20 questions. This will mirror the amount of time per question as on the actual exam.
- You will see your score at the end. If you did not receive the score you wanted, go back and review the chapters.

**Settings**

**Time Limit** ☒ Enabled

Hours: 0 Minutes: 15

**Feedback Settings**

- ☐ Detailed Feedback
- ☐ Correct / Incorrect Feedback
- ☒ No Feedback

**Question Amount**

Display 20 Questions

**Week 6: Chairside Dentistry (50% of GC exam)****Read – Modern Dental Assisting**

- **Chapter 36:** Moisture Control
- **Chapter 37:** Anesthesia and Pain Control
- **Chapter 48:** General Dentistry
- **Chapter 49:** Matrix Systems for Restorative Dentistry

**Week 7: Chairside Dentistry (50% of GC exam)****Read – Modern Dental Assisting**

- **Chapter 53:** Dental Implants
- **Chapter 56:** Oral and Maxillofacial Surgery
- **Chapter 58:** Coronal Polishing
- **Chapter 59:** Dental Sealants

**Practice – GC Practice Test**

- Go into the “Test by Topic” menu item and select “**Four-Handed Chairside Dentistry**.”

**DANB GC Practice Test****Exam Simulation**

Test yourself with 100 questions in 75 minutes on infection control topics.

**Test by Topic**

Build your own practice test by topic.

**My Question Bank**

Build your own practice test with items marked for review.

**Select Topics**
☐ Toggle All

☐ **Diagnostic/Laboratory Procedures and Dental Materials (21 questions)**

☐ **Patient Management and Administrative Duties (40 questions)**

☐ **Four-Handed Chairside Dentistry (110 questions)**

☐ **Patient Preparation and Documentation (45 questions)**

- Scroll down to “Settings,” and set the time limit for 40 minutes, no feedback, and 50 questions. This will mirror the amount of time per question as on the actual exam.

- You will see your score at the end. If you did not receive the score you wanted, go back and review the chapters.

**Settings**

**Time Limit** ☒ Enabled

Hours: 0 Minutes: 40

**Feedback Settings**

- ☐ Detailed Feedback
- ☐ Correct / Incorrect Feedback
- ☒ No Feedback

**Question Amount**

Display 50 Questions

**Week 8: Chairside Dentistry (50% of GC exam)****Review – GC Review I / Chairside 101 course**

- Welcome
- Pre-Assessment
- General Chairside Overview
- Assist with Oral Examination and Coronal Polish
- Assist with Caries Detection, Sealants, and Fluoride

	Welcome
	Pre-Assessment
	General Chairside Overview
	Assist with Oral Examination and Coronal Polish
	Assist with Caries Detection, Sealants, and Fluoride

**Week 9: Chairside Dentistry (50% of GC exam)****Review – GC Review I / Chairside 101 course**

- Assist with Composite Restoration
- Assist with Amalgam Restoration and Tooth Desensitization
- Post-assessment

	Assist with Composite Restoration
	Assist with Amalgam Restoration and Tooth Desensitization
	Post-Assessment Instructions
	Post-Assessment

**Week 10: Chairside Dentistry (50% of GC exam)****Review – GC Review 2 / Chairside 102 course**

- Welcome
- Pre-Assessment
- Introduction
- Assist with Endodontic Treatment
- Assist with Fixed Prosthodontics

	Welcome
	Pre-Assessment
	Introduction
	Assist with Endodontic Treatment
	Assist with Fixed Prosthodontics

**Week 11: Chairside Dentistry (50% of GC exam)****Review – GC Review 2 / Chairside 102 course**

- Assist with Removable Prosthodontics
- Assist with Extraction and Implant Surgery
- Post-Assessment

	Assist with Removable Prosthodontics
	Assist with Extraction and Implant Surgery
	Post-Assessment Instructions
	Post-Assessment

**Week 12: Final review and assessment****Practice test – Exam Simulation**

- Go to “Exam Simulation.” Taking the practice test in this mode will mirror the number of questions, the time available to complete the exam, and the topic areas that will be covered in the DANB exam. The exam simulation will consist of 100 questions in 75 minutes.

## DANB GC Practice Test

**Exam Simulation**

Test yourself with 100 questions in 75 minutes on infection control topics.

**Test by Topic**

Build your own practice test by topic.

**My Question Bank**

Build your own practice test with items marked for review.

- You will see your score at the end. If you did not receive the score you had hoped for, go back and review the chapters and review course modules.
- You can complete the “Exam Simulation” practice test multiple times, if desired.

**Final review**

- Review your notes and revisit any areas where you did not score as high as you would like.
- Go back to the textbook chapters or review course modules to further study any areas where you want to enhance your knowledge.