



## GC Exam Study Guide Plan

### Essentials of Dental Assisting version

#### About the study guide plan

This study guide plan uses trusted resources to help you prepare for DANB's General Chairside Assisting (GC) exam. It breaks down the study plan into easy-to-follow, weekly assignments.

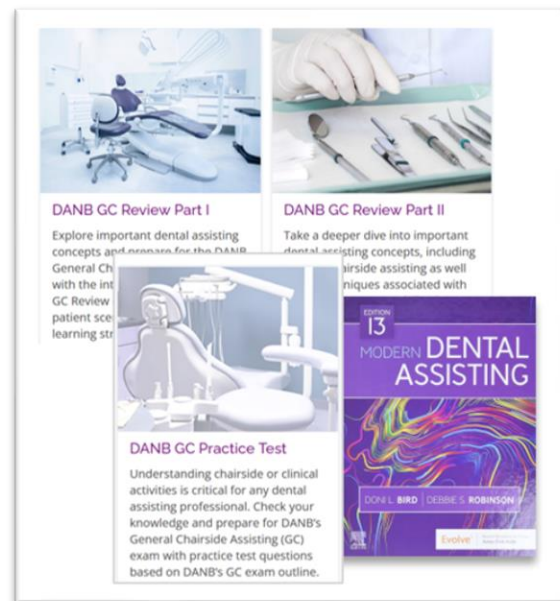
#### Materials

This study guide plan is based on the [GC exam](#) outline and uses these materials:

- [Chairside 101](#) (formerly GC Review I)
- [Chairside 102](#) (formerly GC Review II)
- [GC Practice Test](#)
- [Essentials of Dental Assisting, 6<sup>th</sup> edition](#)

#### Time required

- 10 weeks, 5 hours per week



## Study guide plan

### Essentials of Dental Assisting version

#### Plan at-a-glance

Week	Topic	Read	Review	Practice
		<b>Essentials of Dental Assisting</b>	<b>Review course</b>	<b>GC Practice Test</b>
<b>1</b>	Evaluation (17%)	Chapters 2, 3, 4		Patient preparation and documentation
<b>2</b>	Patient Management (17%)	Chapters 11, 12, 13, 14, 19		Patient management and administrative duties
<b>3</b>	Dental Materials (16%)	Chapters 20, 22		Diagnostic/lab procedures and dental materials
<b>4</b>	Chairside Dentistry (50%)	Chapters 9, 10, 17, 18		
<b>5</b>	Chairside Dentistry (50%)	Chapters 21, 23, 26		Four-handed chairside dentistry
<b>6</b>	Chairside Dentistry (50%)		Chairside 101	
<b>7</b>	Chairside Dentistry (50%)		Chairside 101	
<b>8</b>	Chairside Dentistry (50%)		Chairside 102	
<b>9</b>	Chairside Dentistry (50%)		Chairside 102	
<b>10</b>	Final review	Review notes		Exam simulation mode

**Week 1: Evaluation (17% of GC exam)****Read – Essentials of Dental Assisting**

- **Chapter 2:** Professional and Legal Aspects of Dental Assisting
- **Chapter 3:** Anatomy and Physiology
- **Chapter 4:** Dental Anatomy

**Practice – GC Practice Test**

- Go into the “Test by Topic” menu item and select “**Patient Preparation and Documentation.**”

**DANB GC Practice Test**

**Exam Simulation**  
Test yourself with 100 questions in 75 minutes on infection control topics.

**Test by Topic**  
Build your own practice test by topic.

**My Question Bank**  
Build your own practice test with items marked for review.

**Select Topics** ☐ Toggle All

- ☐ **Diagnostic/Laboratory Procedures and Dental Materials (21 questions)**
- ☐ **Patient Management and Administrative Duties (40 questions)**
- ☐ **Four-Handed Chairside Dentistry (110 questions)**
- ☐ **Patient Preparation and Documentation (45 questions)**

- Scroll down to “Settings,” and set the time limit for 15 minutes, no feedback, and 20 questions. This will mirror the amount of time per question as on the actual exam.
- You will see your score at the end. If you did not receive the score you wanted, go back and review the chapters.

**Settings**

**Time Limit** ☒ Enabled

Hours: 0 Minutes: 15

**Feedback Settings**

- ☐ Detailed Feedback
- ☐ Correct / Incorrect Feedback
- ☒ No Feedback

**Question Amount**

Display 20 Questions

**Week 2: Patient Management and Administration (17% of GC exam)****Read – Essentials of Dental Assisting**

- **Chapter 11:** The Dental Patient
- **Chapter 12:** The Dental Examination
- **Chapter 13:** Medical Emergencies in the Dental Office
- **Chapter 14:** Pain and Anxiety Control
- **Chapter 19:** Instruments, Hand Pieces and Accessories

**Practice – GC Practice Test**

- Go into the “Test by Topic” menu item and select “**Patient Management and Administrative Duties.**”

**DANB GC Practice Test**

**Exam Simulation**  
Test yourself with 100 questions in 75 minutes on infection control topics.

**Test by Topic**  
Build your own practice test by topic.

**My Question Bank**  
Build your own practice test with items marked for review.

**Select Topics** ☐ Toggle All

- ☐ **Diagnostic/Laboratory Procedures and Dental Materials (21 questions)**
- ☐ **Patient Management and Administrative Duties (40 questions)**
- ☐ **Four-Handed Chairside Dentistry (110 questions)**
- ☐ **Patient Preparation and Documentation (45 questions)**

- Scroll down to “Settings,” and set the time limit for 15 minutes, no feedback, and 20 questions. This will mirror the amount of time per question as on the actual exam.
- You will see your score at the end. If you did not receive the score you wanted, go back and review the chapters.

**Settings**

**Time Limit** ☒ Enabled

Hours: 0 Minutes: 15

**Feedback Settings**

☐ Detailed Feedback  
☐ Correct / Incorrect Feedback  
☒ No Feedback

**Question Amount**

Display 20 Questions

**Week 3: Dental Materials (16% of GC exam)****Read – Essentials of Dental Assisting**

- **Chapter 20:** Restorative and Esthetic Dental Materials
- **Chapter 22:** Impression Materials and Lab Procedures

**Practice – GC Practice Test**

- Go into the “Test by Topic” menu item and select “**Diagnostic/Laboratory Procedures and Dental Materials.**”

**DANB GC Practice Test**

**Exam Simulation**  
Test yourself with 100 questions in 75 minutes on infection control topics.

**Test by Topic**  
Build your own practice test by topic.

**My Question Bank**  
Build your own practice test with items marked for review.

**Select Topics** ☐ Toggle All

☐ **Diagnostic/Laboratory Procedures and Dental Materials (21 questions)**

☐ **Patient Management and Administrative Duties (40 questions)**

☐ **Four-Handed Chairside Dentistry (110 questions)**

☐ **Patient Preparation and Documentation (45 questions)**

- Scroll down to “Settings,” and set the time limit for 15 minutes, no feedback, and 20 questions. This will mirror the amount of time per question as on the actual exam.
- You will see your score at the end. If you did not receive the score you wanted, go back and review the chapters.

**Settings**

**Time Limit** ☒ Enabled

Hours: 0 Minutes: 15

**Feedback Settings**

☐ Detailed Feedback

☐ Correct / Incorrect Feedback

☒ No Feedback

**Question Amount**

Display 20 Questions

**Week 4: Chairside Dentistry (50% of GC exam)****Read – Essentials of Dental Assisting**

- **Chapter 9:** Clinical Dentistry
- **Chapter 10:** Moisture Control
- **Chapter 17:** Preventive Care
- **Chapter 18:** Coronal Polishing and Dental Sealants

**Week 5: Chairside Dentistry (50% of GC exam)****Read – Essentials of Dental Assisting**

- **Chapter 21:** Restorative Procedures
- **Chapter 23:** Prosthodontics and Dental Implants
- **Chapter 26:** Oral and Maxillofacial Surgery

**Practice – GC Practice Test**

- Go into the “Test by Topic” menu item and select “**Four-Handed Chairside Dentistry.**”

**DANB GC Practice Test****Exam Simulation**

Test yourself with 100 questions in 75 minutes on infection control topics.

**Test by Topic**

Build your own practice test by topic.

**My Question Bank**

Build your own practice test with items marked for review.

**Select Topics**
☐ Toggle All

☐ **Diagnostic/Laboratory Procedures and Dental Materials (21 questions)**

☐ **Patient Management and Administrative Duties (40 questions)**

☐ **Four-Handed Chairside Dentistry (110 questions)**

☐ **Patient Preparation and Documentation (45 questions)**

- Scroll down to “Settings,” and set the time limit for 40 minutes, no feedback, and 50 questions. This will mirror the amount of time per question as on the actual exam.

- You will see your score at the end. If you did not receive the score you wanted, go back and review the chapters.

**Settings**

**Time Limit** ☒ Enabled

Hours: 0 Minutes: 40

**Feedback Settings**

- ☐ Detailed Feedback
- ☐ Correct / Incorrect Feedback
- ☒ No Feedback

**Question Amount**

Display 50 Questions

**Week 6: Chairside Dentistry (50% of GC exam)****Review – Chairside 101 course**

- Welcome
- Pre-Assessment
- General Chairside Overview
- Assist with Oral Examination and Coronal Polish
- Assist with Caries Detection, Sealants, and Fluoride

	Welcome
	Pre-Assessment
	General Chairside Overview
	Assist with Oral Examination and Coronal Polish
	Assist with Caries Detection, Sealants, and Fluoride

**Week 7: Chairside Dentistry (50% of GC exam)****Review – Chairside 101 course**

- Assist with Composite Restoration
- Assist with Amalgam Restoration and Tooth Desensitization
- Post-assessment

	Assist with Composite Restoration
	Assist with Amalgam Restoration and Tooth Desensitization
	Post-Assessment Instructions
	Post-Assessment

**Week 8: Chairside Dentistry (50% of GC exam)****Review – Chairside 102 course**

- Welcome
- Pre-Assessment
- Introduction
- Assist with Endodontic Treatment
- Assist with Fixed Prosthodontics

	Welcome
	Pre-Assessment
	Introduction
	Assist with Endodontic Treatment
	Assist with Fixed Prosthodontics

**Week 9: Chairside Dentistry (50% of GC exam)****Review – Chairside 102 course**

- Assist with Removable Prosthodontics
- Assist with Extraction and Implant Surgery
- Post-Assessment

	Assist with Removable Prosthodontics
	Assist with Extraction and Implant Surgery
	Post-Assessment Instructions
	Post-Assessment

**Week 10: Final review and assessment****Practice test – Exam Simulation**

- Go to “Exam Simulation.” Taking the practice test in this mode will mirror the number of questions, the time available to complete the exam, and the topic areas that will be covered in the DANB exam. The exam simulation will consist of 100 questions in 75 minutes.

## DANB GC Practice Test

### Exam Simulation

Test yourself with 100 questions in 75 minutes on infection control topics.

### Test by Topic

Build your own practice test by topic.

### My Question Bank

Build your own practice test with items marked for review.

- You will see your score at the end. If you did not receive the score you had hoped for, go back and review the chapters and review course modules.
- You can complete the “Exam Simulation” practice test multiple times, if desired.

**Final review**

- Review your notes and revisit any areas where you did not score as high as you would like.
- Go back to the textbook chapters or review course modules to further study any areas where you want to enhance your knowledge.